



Market to Mealtime- Spring

Recipe	Website
Pasta with Greens, Beans and Chicken	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/pasta-greens-beans-and-chicken
Fruit and Spring Greens Salad	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/fruit-and-spring-greens-salad
Swiss Chard Wraps	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/swiss-chard-wraps
Baked Fish with Tomatoes, Greens and Mushrooms	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/baked-fish-tomatoes-greens-and-mushrooms
Strawberry S'mores	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/strawberry-smores
Sweet and Sour Cabbage	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/sweet-and-sour-cabbage
Spinach Squares	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/spinach-squares
Easy Beet Salad	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/easy-beet-salad

Thank you for attending!

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