



Market to Mealtime- Winter

Recipe	Website
Mexican Veggie Bake	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/mexican-veggie-bake
Winter Harvest Soup	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/winter-harvest-soup
Very Berry Smoothie	https://www.myplate.gov/recipes/myplate-cnpp/very-berry-smoothie

Thank you for attending!

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