



Recipe	Website
Oven Baked Sweet Potato Planks	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/oven-baked-sweet-potato-planks
Chicken, Sweet Potato, and Carrot Packets	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/chicken-sweet-potato-and-carrot-packets
Spicy Apple-Filled Squash	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/spicy-apple-filled-squash
Apple Parsnip Soup	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/apple-parsnip-soup
Baked Apples and Sweet Potatoes	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/baked-apples-and-sweet-potatoes
Carrot and Sweet Potato Soup	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/carrot-and-sweet-potato-soup
Beet and Tomato Soup	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/beet-and-tomato-soup
Carrot and Oatmeal Cookies	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/carrot-and-oatmeal-cookies
Vegetable Barley Soup	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/vegetable-barley-soup
Roasted Root Vegetables with Maple Glaze	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/roasted-root-vegetables-maple-glaze
Chicken Waldorf Salad	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/chicken-waldorf-salad
Confetti Apple Slaw	https://extension.umd.edu/programs/family-consumer-sciences/snap-ed/eat-smart/recipes/confetti-apple-slaw

Thank you for attending!

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