Recipes for Five Ways to Use Canned Fruit

Recipe	Website
Rise and shine cobbler:	https://extension.umd.edu/programs/family-consumer-
	sciences/snap-ed/eat-smart/recipes/rise-and-shine-cobbler
Breakfast Parfait:	https://extension.umd.edu/programs/family-consumer-
	sciences/snap-ed/eat-smart/recipes/breakfast-parfait
Peach cobbler:	https://extension.umd.edu/programs/family-consumer-
	sciences/snap-ed/eat-smart/recipes/peach-cobbler
Peach muffin with oatmeal topping:	https://extension.umd.edu/programs/family-consumer-
	sciences/snap-ed/eat-smart/recipes/peach-muffins-oatmeal-
	topping
Fruited spinach salad:	https://extension.umd.edu/programs/family-consumer-
	sciences/snap-ed/eat-smart/recipes/fruited-spinach-salad
Asian coleslaw:	https://extension.umd.edu/programs/family-consumer-
	sciences/snap-ed/eat-smart/recipes/asian-coleslaw
M. Distances	
MyPlate wraps:	https://extension.umd.edu/programs/family-consumer-
	sciences/snap-ed/eat-smart/recipes/myplate-wraps
Fruit kebob:	https://extension.umd.edu/programs/family-consumer-
	sciences/snap-ed/eat-smart/recipes/fruit-kebob
Fruit salad:	https://extension.umd.edu/programs/family-consumer-
	sciences/snap-ed/eat-smart/recipes/fruit-salad
Pineapple orange frozen yogurt:	https://extension.umd.edu/programs/family-consumer-
	sciences/snap-ed/eat-smart/recipes/pineapple-orange-frozen-
	<u>yogurt</u>

Thank you for attending!

Razan Sahuri SNAP-Ed Nutrition Educator rsahuri@umd.edu



This institution is an equal opportunity provider.

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP in cooperation with Maryland's Department of Human Services and University of Maryland Extension. University programs, activities, and facilities are available to all without regard to race, color, sex, gender identity or expression, sexual orientation, marital status, age, national origin, political affiliation, physical or mental disability, religion, protected veteran status, genetic information, personal appearance, or any other legally protected class.