**Recipes for Five Ways to Use Canned Pumpkin**

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| Recipe | Website |
| Pancakes | <https://www.choosemyplate.gov/recipes/supplemental-nutrition-assistance-program-snap/perfect-pumpkin-pancakes> |
| Breakfast Pumpkin Cookies | <https://www.choosemyplate.gov/recipes/supplemental-nutrition-assistance-program-snap/breakfast-pumpkin-cookies> |
| Pumpkin Soup | <https://www.choosemyplate.gov/recipes/supplemental-nutrition-assistance-program-snap/pumpkin-soup> |
| Creamy pumpkin pasta | <https://dinnertonight.tamu.edu/recipe/creamy-pumpkin-pasta/> |
| Pumpkin Chili | <https://www.choosemyplate.gov/recipes/supplemental-nutrition-assistance-program-snap/pumpkin-chili> |
| Pumpkin Parfait | <https://eatsmart.umd.edu/recipe/pumpkin-parfait> |
| Healthy Pumpkin Pie | <https://eatsmart.umd.edu/recipe/healthy-pumpkin-pie> |

**Thank you for attending!**

Razan Sahuri

SNAP-Ed Nutrition Educator

rsahuri@umd.edu